

Seminar with Yoshigasaki Sensei

With reservation for change

- Fri 26 Jan
 - 18:00 – 20:00 (All)
- Sat 27 Jan
 - 09:00 – 11:00 (All)
 - 11:00 – 12:00 (Inst)
 - 14:00 – 15:00 (Inst)
 - 15:00 – 17:00 (All)
 - 17:00 Examinations
 - Ca 19:00 dinner open for everyone, more info will come later
- Sun 28 Jan
 - 09:00 – 11:00 (All)
 - 11:00 – 12:00 (Inst)
 - 14:00 – 16:00 (All)



- Location
 - Järfälla Aikido Klubb
 - Jakobsbergs idrottshall
 - Travel info
 - Jakobsbergs station nearest trainstation
 - Metro to Akalla + bus 178 (get off at Frihetsvägen)
- Costs
 - 150 kr per class
 - 650 kr all class
 - 750 kr all class incl inst
- Other info
 - 13 years and up
 - Free candy and fruit
- Contact/questions
 - Email: solna-aikido@ki-aikido.se
 - <http://www.solna-aikido.se>